

Basic Life Support

D

Dangers?

R

Responsive?

S

Send for help

A

Open Airway

B

Normal Breathing?

Give 2 breaths

C

Check pulse

Take no more than 10 seconds

Start CPR

15 compressions : 2 breaths

D

Attach Defibrillator / monitor

Ensure help is coming

**Continue CPR until responsiveness or
normal breathing return**