### Course Location -

### Day 1 (18 participants, 6 per group)

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| **0745  0830** | FACULTY MEETING & REALITi practice  [REALITi quick guides for APLS Faculty](https://www.apls.org.au/realiti) | All faculty |
| **0800 – 0830** | Registration | Candidates |
| **0830 – 0900** | [Welcome and Aims](https://www.apls.org.au/hubfs/Course%20Materials/Refresher%202-Day%20Course/Plenaries%20Refresher%20Course/Welcome%20Aims%20Refresher%20Course%2018%20Learners.pptx) |  |
| **0900 - 0945** | **Interactive Plenary:**  [Structured approach to serious illness, Advanced Life Support](https://www.apls.org.au/hubfs/Course%20Materials/Refresher%202-Day%20Course/Plenaries%20Refresher%20Course/Illness%20BLS_ALS%20Plenary%20Refresher%20Course.pptx)  Aims:  -Early interaction between faculty and candidates  -To recall and consolidate online learning | Led by:  Candidates in their colour groups  1 instructor per group - allocate as per skill station |
| **0945 - 1000** | Morning Tea Break, Meet your mentees | (15 mins) |
| **1000 – 1100** | **Airway/ALS Workshops, 2 groups/9 per grp**  [Airway workshop](https://www.apls.org.au/hubfs/Course%20Materials/Refresher%202-Day%20Course/Skill%20Stations%20Workshops%20Refresher%20Course/Airway%20Breathing%20Management%20Skills%20Station%20Refresher%20Course%207th%20Ed.pdf) (9 in workshop)  1.Emergency Airway Mx (A) (revised)  2. Emergency Airway Mx (B) (revised)  [ALS Workshop](https://www.apls.org.au/hubfs/Course%20Materials/Refresher%202-Day%20Course/Skill%20Stations%20Workshops%20Refresher%20Course/BLS_Defib_AED%20Skill%20Station%20Refresher%20Course%207th%20Ed.pdf) (9 in workshop)  ALS Rapid Cycle Practice (A)  ALS Rapid Cycle Practice (B)  ALS Rapid Cycle Practice (C) | x 3  x 2  BLS/ALS/Defib rapid cycle incl. formative assessment. Indicate if learner requires further practice.  Pre allocate: Lead Facilitator(F) & Choke/BLS/Defib Demonstrators  x 2  x 2  x 2 |
| **1100 – 1200** | Airway Mx and ALS Rapid cycle  Cont’d as above |  |
| **1200 – 1240** | Lunch with faculty meeting | (40 mins) |
| **1240 - 1310** | [Demonstration Illness/ALS Scenario](https://www.apls.org.au/hubfs/Course%20Materials/Refresher%202-Day%20Course/ALS_Illness%20Scenarios%20Day%201/ALS_Illness%20Demo%20Refresher%20Course%207th%20Ed.pdf) | Instructor:  Debriefer:  Candidate:  Assistants x2: |
| **1310 – 1510**  **1310-1410**  **1410-1510** | **ALS/Illness Scenario Teaching Stations  (30 mins each)**  [ALS/Illness 1](https://www.apls.org.au/hubfs/Course%20Materials/Refresher%202-Day%20Course/ALS_Illness%20Scenarios%20Day%201/ALS_Illness%20Scenario%201%20Refresher%207th%20Ed.pdf)  [ALS/Illness 2](https://www.apls.org.au/hubfs/Course%20Materials/Refresher%202-Day%20Course/ALS_Illness%20Scenarios%20Day%201/ALS_Illness%20Scenario%202%20Refresher%207th%20Ed.pdf)  [ALS/Illness 3](https://www.apls.org.au/hubfs/Course%20Materials/Refresher%202-Day%20Course/ALS_Illness%20Scenarios%20Day%201/ALS_Illness%20Scenario%203%20Refresher%207th%20Ed.pdf) [ALS/Illness 4](https://www.apls.org.au/hubfs/Course%20Materials/Refresher%202-Day%20Course/ALS_Illness%20Scenarios%20Day%201/ALS_Illness%20Scenario%204%20Refresher%207th%20Ed.pdf)  [ALS/Illness 5](https://www.apls.org.au/hubfs/Course%20Materials/Refresher%202-Day%20Course/ALS_Illness%20Scenarios%20Day%201/ALS_Illness%20Scenario%205%20Refresher%207th%20Ed.pdf) [ALS/Illness 6](https://www.apls.org.au/hubfs/Course%20Materials/Refresher%202-Day%20Course/ALS_Illness%20Scenarios%20Day%201/ALS_Illness%20Scenario%206%20Refresher%207th%20Ed.pdf) | Consider use of ‘Pause and Discuss’ to enable further ALS drill practice if needed.  1. **1/2 –**  2. **3/4 –**  3. **5/6 –** |
| **1510 – 1530** | Meet with mentor/mentee TEA/COFFEE | All faculty & candidates |
| **1530 - 1630** | **ALS/Illness Scenario Teaching Stations**  **(30 mins each)** | 1. **1/2 –**  2. **3/4 –**  3. **5/6 –** |
| **1630 - 1640** | Short break. Faculty meeting | All faculty (Learner support, planning) |
| **1640 - 1740** | Trauma Plenary:  [Structured Approach to Trauma](https://www.apls.org.au/hubfs/Course%20Materials/Refresher%202-Day%20Course/Plenaries%20Refresher%20Course/Serious%20Injury%20Plenary%20Refresher%20Course.pptx) | Led by:  Move to systems approach to trauma |
| **1740** | Close |  |

**Course Location -**

**Day 2** (24 participants, 6 per group)

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| **0800 – 0930** | **Emergency Skills Stations  (2 x 45 mins)**   1. [Chest procedures\_Intraosseous access](https://www.apls.org.au/hubfs/Course%20Materials/Refresher%202-Day%20Course/Skill%20Stations%20Workshops%20Refresher%20Course/Chest%20Procedures%20IO%20insertion%20Refresher%20Course%207th%20Ed.pdf) 2. [Safe emergency airway management](https://www.apls.org.au/hubfs/Course%20Materials/Refresher%202-Day%20Course/Skill%20Stations%20Workshops%20Refresher%20Course/Safe%20emergency%20airway%20management%20Refresher%20Course%207th%20Ed.pdf)   [(+ SEAM video link)](https://vimeo.com/334583244/f7b50ba7c3) | ***For 3 groups need 2 x chest trauma 1st rotation then 2 x SEAM***  1. Chest A (x2) –  2. SEAM A (x2) –  3.Chest B (0800–0845)  4. SEAM B (0845–0930) |
| **0930 - 0950** | Morning Tea Break |  |
| **0950 - 1010** | [Demonstration Trauma Scenario](https://www.apls.org.au/hubfs/Course%20Materials/Refresher%202-Day%20Course/Trauma%20Scenarios%20Day%202/Trauma%20Scenario%20Demo%20Refresher%20Course%207th%20Ed.pdf) | Instructor:  Debriefer:  Candidate:  Assistants x2: |
| **1010 – 1150**  **(100 mins)**  **1010 – 1100**  **1100 - 1150** | **Trauma scenarios (25 mins each)**  [Trauma 1](https://www.apls.org.au/hubfs/Course%20Materials/Refresher%202-Day%20Course/Trauma%20Scenarios%20Day%202/Trauma%20Scenario%201%20Refresher%20Course%207th%20Ed.pdf) [Trauma 2](https://www.apls.org.au/hubfs/Course%20Materials/Refresher%202-Day%20Course/Trauma%20Scenarios%20Day%202/Trauma%20Scenario%202%20Refresher%20Course%207th%20Ed.pdf)  [Trauma 3](https://www.apls.org.au/hubfs/Course%20Materials/Refresher%202-Day%20Course/Trauma%20Scenarios%20Day%202/Trauma%20Scenario%203%20Refresher%20Course%207th%20Ed.pdf) [Trauma 4](https://www.apls.org.au/hubfs/Course%20Materials/Refresher%202-Day%20Course/Trauma%20Scenarios%20Day%202/Trauma%20Scenario%204%20Refresher%20Course%207th%20Ed.pdf)  [Trauma 5](https://www.apls.org.au/hubfs/Course%20Materials/Refresher%202-Day%20Course/Trauma%20Scenarios%20Day%202/Trauma%20Scenario%205%20Refresher%20Course%207th%20Ed.pdf) [Trauma 6](https://www.apls.org.au/hubfs/Course%20Materials/Refresher%202-Day%20Course/Trauma%20Scenarios%20Day%202/Trauma%20Scenario%206%20Refresher%20Course%207th%20Ed.pdf) | 1. **1/2 then 3/4**  2. **1/2 then 3/4**  3. **1/2 then 5/6** |
| **1150 - 1200** | Short Break |  |
| **1200 - 1250**  **(50 mins)** | **Trauma Scenarios (25 mins each)**  [Trauma 3](https://www.apls.org.au/hubfs/Course%20Materials/Refresher%202-Day%20Course/Trauma%20Scenarios%20Day%202/Trauma%20Scenario%203%20Refresher%20Course%207th%20Ed.pdf) [Trauma 4](https://www.apls.org.au/hubfs/Course%20Materials/Refresher%202-Day%20Course/Trauma%20Scenarios%20Day%202/Trauma%20Scenario%204%20Refresher%20Course%207th%20Ed.pdf)  [Trauma 5](https://www.apls.org.au/hubfs/Course%20Materials/Refresher%202-Day%20Course/Trauma%20Scenarios%20Day%202/Trauma%20Scenario%205%20Refresher%20Course%207th%20Ed.pdf) [Trauma 6](https://www.apls.org.au/hubfs/Course%20Materials/Refresher%202-Day%20Course/Trauma%20Scenarios%20Day%202/Trauma%20Scenario%206%20Refresher%20Course%207th%20Ed.pdf) | 1. **3/4**  2. **5/6**  3. **5/6** |
| **1250 - 1330** | Lunch and Faculty Meeting  Repeat RCDP (BLS/ALS/Defib) if necessary | Allocate faculty RCDP |
| **1330 – 1510**  **(100 mins)**  **1330 - 1420**  **1420 - 1510** | **Illness Scenarios (25 mins each)** [Illness 1](https://www.apls.org.au/hubfs/Course%20Materials/Refresher%202-Day%20Course/Illness%20Scenarios%20Day%202/Illness%20Scenario%201%20Refresher%20Course%207th%20Ed.pdf) [Illness 2](https://www.apls.org.au/hubfs/Course%20Materials/Refresher%202-Day%20Course/Illness%20Scenarios%20Day%202/Illness%20Scenario%202%20Refresher%20Course%207th%20Ed.pdf)  [Illness 3](https://www.apls.org.au/hubfs/Course%20Materials/Refresher%202-Day%20Course/Illness%20Scenarios%20Day%202/Illness%20Scenario%203%20Refresher%20Course%207th%20Ed.pdf) [Illness 4](https://www.apls.org.au/hubfs/Course%20Materials/Refresher%202-Day%20Course/Illness%20Scenarios%20Day%202/Illness%20Scenario%204%20Draft%20Refresher%20Course%207th%20Ed.pdf)  [Illness 5](https://www.apls.org.au/hubfs/Course%20Materials/Refresher%202-Day%20Course/Illness%20Scenarios%20Day%202/Illness%20Scenario%205%20Refresher%20Course%207th%20Ed.pdf) [Illness 6](https://www.apls.org.au/hubfs/Course%20Materials/Refresher%202-Day%20Course/Illness%20Scenarios%20Day%202/Illness%20Scenario%206%20Refresher%20Course%207th%20Ed.pdf) | 1. **1/2**  2. **3/4**  3. **5/6** |
| **1510 - 1530** | Met with mentor/mentee TEA/COFFEE | All faculty & candidates |
| **1530 – 1620**  **(50 mins)** | **Illness Scenarios (Continued, 25 mins each)** [Illness 1](https://www.apls.org.au/hubfs/Course%20Materials/Refresher%202-Day%20Course/Illness%20Scenarios%20Day%202/Illness%20Scenario%201%20Refresher%20Course%207th%20Ed.pdf) [Illness 2](https://www.apls.org.au/hubfs/Course%20Materials/Refresher%202-Day%20Course/Illness%20Scenarios%20Day%202/Illness%20Scenario%202%20Refresher%20Course%207th%20Ed.pdf)  [Illness 3](https://www.apls.org.au/hubfs/Course%20Materials/Refresher%202-Day%20Course/Illness%20Scenarios%20Day%202/Illness%20Scenario%203%20Refresher%20Course%207th%20Ed.pdf) [Illness 4](https://www.apls.org.au/hubfs/Course%20Materials/Refresher%202-Day%20Course/Illness%20Scenarios%20Day%202/Illness%20Scenario%204%20Draft%20Refresher%20Course%207th%20Ed.pdf)  [Illness 5](https://www.apls.org.au/hubfs/Course%20Materials/Refresher%202-Day%20Course/Illness%20Scenarios%20Day%202/Illness%20Scenario%205%20Refresher%20Course%207th%20Ed.pdf) [Illness 6](https://www.apls.org.au/hubfs/Course%20Materials/Refresher%202-Day%20Course/Illness%20Scenarios%20Day%202/Illness%20Scenario%206%20Refresher%20Course%207th%20Ed.pdf) | 1. **1/2**  2. **3/4**  3. **5/6** |
| **1620 - 1640** | Wrap up  Burning Questions  Mentor farewell, feedback, and course closure. | All faculty |
| **1640 – 1710** | FACULTY MEETING | All faculty |